

2012 Editor's Picks Gift Guide

Elevated Existence editors selected some of their favorite gift ideas to spread spirituality, love and inspiration to others



Organic Olive Oil for Body & Hair

Looking to moisturize your body and hair? Try this dry, organic, olive oil from Panier des Sens en Provence's natural skin care line. Ideal for both hair and skin, the company does not test products on animals.

www.panierdessens.us; \$30.



Klean Spa Scrub Club

For three, six or 12 months, you can give someone the gift of a new, 5-ounce sugar body polish from Klean Spa via the "Scrub Club." These polishes use unrefined cane sugar and a blend of moisturizing oils such as coconut, macadamia nut, sweet almond and shea.

www.kleanspa.com; \$65-\$190.



Priti NYC Nude Kit

This nude kit of nail polish from Priti NYC offers four universal and classic colors of cruelty-free, vegan and non-toxic polish. They are also made without toluene, dibutyl phthalate (DHB) and formaldehyde. www.pritinyc.com; \$39.99.

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Love Lets You Soar Necklace

Crafted with sterling silver and accented with a 22-karat gold heart and ruby stone, this necklace reminds us love can give us strength and lift us up when we are down. The back of the pendant features the words "love lets you soar" and the front shows a heart with wings.

www.isabellagracejewelry.com; \$95.



"Right Direction" Sterling Silver Pendant

Featuring the quote by Mahatma Gandhi, "When facing in the right direction, all we have to do is keep on walking," this sterling silver pendant from BB Becker offers encouragement, support and love to the receiver.

www.bbbecker.com; \$79.



Om Herb Pillows

Created by an acupuncturist and Chinese herbalist, these pillows feature organic and all-natural materials, as well as a pocket in the lining to hold herb satchels. Each available satchel is designed for a different symptom, such as insomnia, anxiety, headaches, high blood pressure, neck pain and more. www.omherbpillows.com; \$120 for pillow; \$80 for each herb satchel.

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H2EO Cool Mist Ultrasonic Diffuser

Unlike other diffusers and glass nebulizers, the H2EO Cool Mist Diffuser from Plant Extracts International does not use heat or air pumps, which can damage the chemistry of essential oils. They use a low-voltage direct current, and when the water gets low, it shuts itself off. It includes a complimentary essential oil with purchase.

www.plantextractsinc.com; \$79.50-\$90.

CrystalxPain Pacs

Using a mixture of quartz crystals and other minerals, CrystalxPain pacs offer pain relief through subtle energy-release properties captured in the proprietary formulation. It neutralizes pain signals running along the neural pathways to not only offer relief, but to lengthen the periods of time between flareups. www.smartenergetics.com; \$189.



Love Jewelry

Give the gift of love with this sterling silver and 22-karat, gold-plated, turquoise beaded stretch bracelet, featuring Swarovski crystals to spell out love, and an eye charm for the letter "o" by Blee Inara. Also available is the love ring with crystals in either sterling silver,

22-karat rose or yellow gold-plated. www.bleeinara.com; \$90-\$95.



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Metropolis Floral Soap Gift Set

Offering all natural and vegan soaps, bath soaks and lip creams, Metropolis Soap Co. offers this floral gift set featuring four soaps made from natural butters and essential oils in scents: aloe, chamomile and lavender; rosewood and oatmeal; mint lavender and citrus; and lavender and tangerine. It also includes a mini soak in rose, jasmine and ylang ylang; and a lavender and mint lip cream. www.metropolissoap.com; \$29.99.



Davidson's Organics Tea Sampler

Give the tea lover in your life the ultimate gift with this full leaf wooden tea sampler case from Davidson's Organics. With 144 tea sachets and eight varieties, including Fresh Mint Medley, Lavender Earl Grey and Rooibos Masala Chai, the tea is packed in a natural pine case from sustainably planted forests, and lined with velvet.

www.davidsonstea.com; \$85.



Silver Lariat Amethyst Necklace

From Conscious Jewelry, this 17-inch chain made from sterling silver over brass features an amethyst stone between 1 and 1.5 inches in length. Amethyst is a very meditative and calming stone, also known to increase intuition.

www.consciousjewelry.com; \$71.



Mudpot Natural Mud Mask

Taken from an area of the Black Rock Desert, known as the Great Boiling Springs, this mineral rich illite clay contains more than 50 naturally occurring trace elements beneficial for the skin, including calcium, phosphorus, iron, magnesium, potassium and zinc. It's 100-percent natural, organic and free of chemicals, dyes, fillers, preservatives and scents, and draws toxins and impurities from the skin, tones it and revitalizes the complexion, while tightening pores.

www.blackrockmud.com; \$59.

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Sun Salutation Water Bottle

This 1-liter, aluminum bottle from SIGG is made with an EcoCare liner that is free of BPA and phthalates, and is coated with a non-toxic finish. With its sun salutation yoga sequence as the design, it's ideal for any yogi to bring along to class.

www.mysigg.com;
\$24.99.



The Chakra Box Chocolates

The Chakra Box of chocolate from Chocoveda includes truffles in seven flavors — one for each of the seven chakras or energy centers of the body — including chai, peppermint, pomegranate and honey vanilla. The chocolate is all-natural, dairy-free, 70 percent dark and vegan. www.chocoveda.com; \$30.

Vanilla Honey Soap & Cutting Board

Complete with a cutting board and cutter, this all-natural soap loaf from YesterYear Soap Co. allows you and your guest to cut a fresh piece each time from the 6-inch-long log. Ingredients include olive oil, coconut oil, soybean oil, hemp oil, organic shea butter, water, honey and a vanilla fragrance.

www.yesteryearsoap.net; \$22.95.



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Global Goods Silk Handbag & Scarf

These fair trade, silk, handmade products are crafted by women artisans from Asia, Africa and America through Global Goods Partners, a non-profit organization. The scarf is silk — 72 inches long and 32 inches wide — and handcrafted in Cambodia to help women feed their families and send their children to school. The silk tote — 14 ½ inches high and 16 inches wide — is stitched from recycled saris from the sari market in Calcutta, and made by an organization that provides alternate employment to formerly trafficked women. www.globalgoodspartners.org; \$35-\$40.



Good JuJu Prosperity Bracelet

From MiaLena Designs, this bracelet is created with faceted agate beads, and features a Buddha charm from Thailand for prosperity, a gold foil Buddha bead, and a black horn with silver inlay to represent mind, body and spirit.

www.mialena.com; \$89.



Conscious Box

Available as a three-month or six-month subscription, as well as a single purchase, the Conscious Box is filled with a variety of pure and natural products from companies who are making a difference. Products include organic food, vegan beauty, and more, and each box contains tips for healthier and happy daily living.

www.consciousbox.com;
\$12-\$64.



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Enter our December 2012 monthly giveaway online to win one of the products from this year's Editor's Gift Picks.

Visit the homepage of www.elevatedexistence.com for details.